

Stillwater Medical

		Monday 26-Oct	Tuesday 27-Oct	Wednesday 28-Oct	Thursday 29-Oct	Friday 30-Oct
Breakfast Special		Freshly Baked Breakfast Pastries	Sausage, Egg and Cheese Sandwich	Breakfast Burritos	Guayin Mexican Omelette W/ Beans, Chorizo and Cheese	High Protein Breakfast Casserole
	Entrées	Orange Whiskey Glazed Chicken	Southern Pulled Pork	Miso Butter Pangasius	Ground Beef Tacos	Chef's Special Chicken Pot Pie
		Shepards Pie	Smokehouse Turkey	Korean Fried Rice	Shredded Chicken Tacos	Country Fried Pork Chop
		Dijon Cream Pork Chops	Beef Stroganoff	Sesame Chicken & Broccoli	Fried Sole Tacos	Honey Citrus Salmon
	Vegetables	Asparagus	Mixed Vegetable Blend	Braised Cabbage	Roasted Tri Color Peppers and Onions	Broccoli
		Zucchini	Green Beans with Onions	Roasted Carrots	Squash	Red Wine Braised Kale
	Starch	Wild Rice	Garlic Mashed Potatoes	Udon Noodles	Cilantro Rice	Roast Red Potatoes
		Roasted Sweet Potatoes	Egg Noodles	Sesame Rice	Black Beans	Bacon Mac and Cheese
	Grill	Philly Cheese Steak with peppers and onions	Chicken Cordon Bleu Sandwich	Fried Jalapeno Burger	Muffuletta	Chicken Caprese Sandwich
Snack Bar Soup		Red Pepper Gouda	Chili	Loaded Baked Potato	Chicken Tortilla	Broccoli Cheddar
Café Soup		Broccoli Cheddar	Loaded Baked Potato	Egg Drop Soup	Baja Enchilada	Red Pepper Gouda

Menu items are subject to change without notice due to product availability

Week 4