

Stillwater Medical

		Monday 19-Jan	Tuesday 20-Jan	Wednesday 21-Jan	Thursday 22-Jan	Friday 23-Jan
Breakfast Special		Freshly Baked Breakfast Pastries	Ham, Egg and Cheese Sandwich	Breakfast Burritos	Guayin Mexican Omelette W/ Beans, Chorizo and Cheese	Stillwater Quiche
	Entrées	Orange Whiskey Glazed Chicken	Southern Pulled Pork	Miso Butter Mahi Mahi	Ground Beef Tacos	Chef's Special Stuffed Pork Tenderloin
		Shepards Pie	Smokehouse Turkey	Korean Fried Rice	Shredded Chicken Tacos	Blackened Chicken
		Dijon Cream Pork Chops	Beef Stroganoff	Sesame Chicken & Broccoli	Fried Sole Tacos	Maple Glazed Salmon
	Vegetables	Asparagus	Mixed Vegetable Blend	Braised Cabbage	Roasted Tri Color Peppers and Onions	Broccoli
		Zucchini	Green Beans with Bacon and Onions	Roasted Carrots	Squash	Red Wine Braised Kale
	Starch	Wild Rice	Garlic Mashed Potatoes	Udon Noodles	Cilantro Rice	Roast Red Potatoes
		Roasted Sweet Potatoes	Egg Noodles	Sesame Rice	Black Beans	Bacon Mac and Cheese
	Grill	Philly Cheese Steak with Peppers and Onions	Chicken Cordon Bleu Sandwich	Bacon Club Sandwich	Fried Jalapeno Burger	Chicken Caprese Sandwich
	Snack Bar Soup	Red Pepper Gouda	Chili	Loaded Baked Potato	Chicken Tortilla	Broccoli Cheddar
	Café Soup	Broccoli Cheddar	Loaded Baked Potato	Egg Drop Soup	Baja Enchilada	Red Pepper Gouda

Menu items are subject to change without notice due to product availability

Week 4