

Stillwater Medical Center

CLINICS

REGISTRATION

Patient Name (Last, First, Middle): _____

SSN: _____ - _____ - _____ Birth Date: _____ Sex: M F

Billing Address: _____

City: _____ State: _____ Zip: _____

Race: Asian White Native American Indian Pacific Islander Multi-racial
 Hispanic African American American Indian Unknown

Language: _____ Religion: _____

Ethnicity: Hispanic or Latino Not Hispanic or Latino

Marital Status: Single Divorced Legally Separated Married
 Widowed Life Partner

Home phone: _____ Cell phone: _____

Primary Care Physician: _____ Local pharmacy: _____

Email address: _____ *Patient portal and survey reasons only

Employer _____

EMERGENCY CONTACT

Name: _____ Phone: _____

GUARANTOR (if patient is a minor)

Name: _____ Relationship to patient: _____

Birth Date: ____/____/____ Home phone: _____ Cell phone: _____

Address: _____

City: _____ State: _____ Zip: _____

I request payment of authorized Medicare and/or commercial insurance benefits to me or on my behalf for any services furnished me by or in SMC. I authorize any holder of medical or other information about me to release to Medicare and/or commercial insurance and its agents any information needed to determine these benefits or benefits for related services. A photocopy of this release shall be considered effective and as valid as the original.

Payment in full may be required at the time of service. For your convenience, we accept personal checks, credit card, and cash. Any medical insurance you may have is intended to protect you against financial loss, but payment in full for your care is your responsibility regardless of insurance coverage.

I have completed this form fully and completely, and certify that I am the patient or duly authorized general agent of the patient, authorized to furnish the information requested. I have read the above paragraph regarding payment of fees, and I understand that I am solely responsible for all charges incurred, regardless of insurance coverage or the liability of another party. I will make sure that my claims are paid promptly. A photocopy of this release shall be considered effective and as valid as the original.

Signature Patient/Guarantor/Guardian: _____ Date: ____/____/____



STILLWATER MEDICAL CENTER
Management of Private Medical Records and Permit for Release of Medical Information
Stillwater Surgical Associates

Print Name _____ D.O.B. _____

The Notice of Privacy Practices, which explains how your health information is protected, is available at the front desk. Please let us know if you have any questions regarding the Notice of Privacy Practices by contacting our front office, or discussing with your physician.

1. I do _____ do not _____ authorize messages containing medical information to be left my voicemail at phone number _____

2. You may _____ may not _____ call me and/or leave voicemail at my workplace number _____

3. You may discuss my medical information with the following people:
Name _____ Phone _____
Name _____ Phone _____
Name _____ Phone _____

Your signature indicates that you are aware of the privacy practices at the Stillwater Surgical Associates.

Patient (or representative) signature Relationship to patient Date Time

Reviewed/Revised: 6/17 Reference: For Use On:	STILLWATER MEDICAL CENTER Management of Private Medical Records and Permit for Release of Medical Information Stillwater Surgical Associates	Patient Label (Pt Name, V#, MR#, DOB, DOS, Age, Sex, Loc, Physician)
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CONSENT FOR CARE

I, or my representative, hereby consent to medical treatment, diagnostic and/or therapeutic services as ordered by my physician and his/her designee(s). I further understand that my physician may order an HIV antibody (AIDS) test as part of diagnosis and treatment.

If I am an obstetrical patient admitted to the hospital for the delivery of my baby, I also consent to hospital care of my infant(s) encompassing diagnostic procedures, including but not limited to laboratory testing, and medical treatment.

I understand that care may be provided to me by students performing under the supervision of hospital or medical staff.

I understand that photographs or video may be used for identification purposes and to aid in or document my treatment. Photographs in the medical record will be handled according to customary medical record privacy practices.

I understand that with the exception of physicians employed by the hospital, the physicians on staff at Stillwater Medical Center, such as emergency room physicians, radiologists, and pathologists are not employees or agents of the hospital but are independent contractors/agents who have been granted privileges to use the hospital facilities.

AUTHORIZATION TO RELEASE/OBTAIN INFORMATION FOR TREATMENT, PAYMENT, OR OPERATIONS; TO MY PATIENT PORTAL AND THE HEALTH INFORMATION EXCHANGE

I am aware that medical information will be released or obtained in order to get assistance in continued medical treatment, paying of bills or other routine operations of the hospital; to my patient portal and health information exchange. I have received a copy of the Notice of Information Practices (Privacy Notice) that describes how this information is used and may request another copy at any time.

AUTHORIZATION TO CONTACT

I agree by providing you my contact information, I authorize you and your associates to contact me at those numbers. This applies to any landline or cell phone number(s) I have provided you. I understand you may contact me by sending text messages or emails, using any email address I provided. I may be contacted by a prerecorded/artificial voice message or an automatic dialing device. I understand providing my phone number(s) is not a condition of receiving services.

INSURANCE PRE-CERTIFICATION

I hereby expressly understand I am responsible for notification to my insurance company to obtain authorization before service is rendered. I understand if this is not done, insurance benefits may be reduced.

VALUABLES AND PERSONAL BELONGINGS

Stillwater Medical Center is not responsible for personal valuables left at the bedside or retained on the person. This includes, but is not limited to electronic equipment, glasses, dentures, hearing or other prosthetic devices. (A HOSPITAL SAFE IS AVAILABLE FOR DEPOSIT OF VALUABLES UPON REQUEST).

PATIENT RIGHTS

I have read and received a copy of the Patient Rights. Patient Rights are posted in the Patients and Visitors Handbook available in each inpatient room and all outpatient-waiting areas.

ASSIGNMENT OF BENEFITS, FINANCIAL RESPONSIBILITY, THIRD PARTY LIABILITY/AND BILLING

I, or legal guardian, assign and transfer all benefits, monies, and sums payable for hospitalization, sickness or accident under any hospitalization, (including major medical and supplemental benefits), sickness or accident policy providing for hospital payment.

I, or legal guardian, will be responsible for any amount due in consideration of services rendered at Stillwater Medical Center. Amounts estimated or known to be payable by the patient become due and payable at the time of discharge (including, but not limited to, non-covered services, health insurance deductible, and coinsurance amounts). This includes hospital-based physicians and contractual physician services that may bill separately for their professional services.

If this service is for treatment of an injury, illness or condition which may have been caused by a third party, for which that third party is, or may be liable for damages, the patient agrees to give the hospital a lien, up to the amount of the outstanding charges, on any recovery the patient makes from the third party of any uninsured or underinsured motorist coverage of the patient, the patient's parents, patient's spouse, or patient's guardian. The patient further agrees that if there is no third party recovery or recovery from uninsured or underinsured motorist coverage, the patient, or legal guardian is still responsible for payment of the outstanding charges.

MEDICARE ASSIGNMENT OF BENEFITS

I, or representative, certify the information given in applying for payment under Title XVIII of the Social Security Act is correct. Release of information related to this Medicare claim to the Social Security Administration or its intermediaries and carriers is authorized. Request of payment of authorized benefits to Stillwater Medical Center is authorized.

MSG—MEDICARE MESSAGE (Medicare Inpatient Only)

The federal government requires we provide to you written information regarding your rights as a Medicare hospital patient. You will receive information that includes the procedure for initiation, review, and resolution of complaints.

MOON—MEDICARE OUTPATIENT OBSERVATION NOTICE (Medicare Observation Only)

The federal government requires we provide to you written information regarding your outpatient observation status and the implications of receiving such services.

MSP QUESTIONNAIRE (Medicare Secondary Payor)

The government requires we request additional information from you to determine if there is any other resource for payment that could be primary to Medicare.

The undersigned certifies that he/she has read the above information or it has been explained so that he/she understands. Signatures also indicate he/she has been offered information on privacy and patient rights, including the procedure for initiation of complaints:

SIGNATURE OF PATIENT OR REPRESENTATIVE:	RELATIONSHIP TO PATIENT:	WITNESS:
RESPONSIBLE PARTY/INSURED (if different):	RELATIONSHIP TO PATIENT:	DATE:

STILLWATER MEDICAL CENTER
Stillwater, Oklahoma 74076
PAS—Assignment of Benefits

Stillwater Medical Center

CLINICS

ADULT MEDICAL PROFILE

PATIENT NAME	DATE OF BIRTH	
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Please list your allergies:

<u>MEDICATION/FOOD</u>	<u>REACTION</u>

Please list your current medications:

<u>MEDICATION</u>	<u>DOSE (in mcg, mg, gm, etc)</u>	<u>ROUTE</u>	<u>HOW OFTEN?</u>	<u>NOTES</u>

REVIEW OF SYSTEMS

<p>No Yes</p> <p>CONSTITUTIONAL</p> <p><input type="checkbox"/> <input type="checkbox"/> Chills</p> <p><input type="checkbox"/> <input type="checkbox"/> Fatigue</p> <p><input type="checkbox"/> <input type="checkbox"/> Fever</p> <p><input type="checkbox"/> <input type="checkbox"/> Malaise</p> <p><input type="checkbox"/> <input type="checkbox"/> Night Sweats</p> <p><input type="checkbox"/> <input type="checkbox"/> Weight gain</p> <p><input type="checkbox"/> <input type="checkbox"/> Weight loss</p> <p>HEENT</p> <p><input type="checkbox"/> <input type="checkbox"/> Ear drainage</p> <p><input type="checkbox"/> <input type="checkbox"/> Ear pain</p> <p><input type="checkbox"/> <input type="checkbox"/> Eye discharge</p> <p><input type="checkbox"/> <input type="checkbox"/> Eye pain</p> <p><input type="checkbox"/> <input type="checkbox"/> Hearing loss</p> <p><input type="checkbox"/> <input type="checkbox"/> Nasal drainage</p> <p><input type="checkbox"/> <input type="checkbox"/> Sinus pressure</p> <p><input type="checkbox"/> <input type="checkbox"/> Sore throat</p> <p><input type="checkbox"/> <input type="checkbox"/> Visual changes</p> <p>RESPIRATORY</p> <p><input type="checkbox"/> <input type="checkbox"/> Chronic cough</p> <p><input type="checkbox"/> <input type="checkbox"/> Cough</p> <p><input type="checkbox"/> <input type="checkbox"/> Known TB exposure</p> <p><input type="checkbox"/> <input type="checkbox"/> Shortness of breath</p> <p><input type="checkbox"/> <input type="checkbox"/> Wheezing</p>	<p>No Yes</p> <p>CARDIOVASCULAR</p> <p><input type="checkbox"/> <input type="checkbox"/> Chest pain</p> <p><input type="checkbox"/> <input type="checkbox"/> Leg cramps</p> <p><input type="checkbox"/> <input type="checkbox"/> Edema</p> <p><input type="checkbox"/> <input type="checkbox"/> Palpitations</p> <p>GASTROINTESTINAL</p> <p><input type="checkbox"/> <input type="checkbox"/> Abdominal pain</p> <p><input type="checkbox"/> <input type="checkbox"/> Blood in stool</p> <p><input type="checkbox"/> <input type="checkbox"/> Change in stool</p> <p><input type="checkbox"/> <input type="checkbox"/> Constipation</p> <p><input type="checkbox"/> <input type="checkbox"/> Diarrhea</p> <p><input type="checkbox"/> <input type="checkbox"/> Heartburn</p> <p><input type="checkbox"/> <input type="checkbox"/> Loss of appetite</p> <p><input type="checkbox"/> <input type="checkbox"/> Nausea</p> <p><input type="checkbox"/> <input type="checkbox"/> Vomiting</p> <p>GENITOURINARY</p> <p><input type="checkbox"/> <input type="checkbox"/> Dribbling (male)</p> <p><input type="checkbox"/> <input type="checkbox"/> Painful urination</p> <p><input type="checkbox"/> <input type="checkbox"/> Blood in urine</p> <p><input type="checkbox"/> <input type="checkbox"/> Excessive urination</p> <p><input type="checkbox"/> <input type="checkbox"/> Slow stream</p> <p><input type="checkbox"/> <input type="checkbox"/> Urinary frequency</p> <p><input type="checkbox"/> <input type="checkbox"/> Urinary incontinence</p> <p><input type="checkbox"/> <input type="checkbox"/> Urinary retention</p>	<p>No Yes</p> <p>REPRODUCTIVE (MALE)</p> <p><input type="checkbox"/> <input type="checkbox"/> Erectile dysfunction</p> <p><input type="checkbox"/> <input type="checkbox"/> Penile discharge</p> <p><input type="checkbox"/> <input type="checkbox"/> Sexual dysfunction</p> <p>REPRODUCTIVE (FEMALE)</p> <p><input type="checkbox"/> <input type="checkbox"/> Abnormal Pap</p> <p><input type="checkbox"/> <input type="checkbox"/> Breast discharge</p> <p><input type="checkbox"/> <input type="checkbox"/> Breast lump</p> <p><input type="checkbox"/> <input type="checkbox"/> Painful periods</p> <p><input type="checkbox"/> <input type="checkbox"/> Painful intercourse</p> <p><input type="checkbox"/> <input type="checkbox"/> Hot flashes</p> <p><input type="checkbox"/> <input type="checkbox"/> Irregular menses</p> <p><input type="checkbox"/> <input type="checkbox"/> Vaginal discharge</p> <p>METABOLIC & ENDOCRINE</p> <p><input type="checkbox"/> <input type="checkbox"/> Brittle hair</p> <p><input type="checkbox"/> <input type="checkbox"/> Brittle nails</p> <p><input type="checkbox"/> <input type="checkbox"/> Cold intolerance</p> <p><input type="checkbox"/> <input type="checkbox"/> Hair loss</p> <p><input type="checkbox"/> <input type="checkbox"/> Heat intolerance</p> <p><input type="checkbox"/> <input type="checkbox"/> Excessive hairiness</p> <p><input type="checkbox"/> <input type="checkbox"/> Excessive thirst</p> <p><input type="checkbox"/> <input type="checkbox"/> Excessive hunger</p>	<p>No Yes</p> <p>NEUROLOGICAL</p> <p><input type="checkbox"/> <input type="checkbox"/> Dizziness</p> <p><input type="checkbox"/> <input type="checkbox"/> Extremity numbness</p> <p><input type="checkbox"/> <input type="checkbox"/> Extremity weakness</p> <p><input type="checkbox"/> <input type="checkbox"/> Gait disturbance</p> <p><input type="checkbox"/> <input type="checkbox"/> Headache</p> <p><input type="checkbox"/> <input type="checkbox"/> Memory loss</p> <p><input type="checkbox"/> <input type="checkbox"/> Seizures</p> <p><input type="checkbox"/> <input type="checkbox"/> Tremors</p> <p>PSYCHIATRIC</p> <p><input type="checkbox"/> <input type="checkbox"/> Anxiety</p> <p><input type="checkbox"/> <input type="checkbox"/> Depression</p> <p><input type="checkbox"/> <input type="checkbox"/> Insomnia</p> <p>INTEGUMENTARY</p> <p><input type="checkbox"/> <input type="checkbox"/> Contact allergy</p> <p><input type="checkbox"/> <input type="checkbox"/> Hives</p> <p><input type="checkbox"/> <input type="checkbox"/> Itching</p> <p><input type="checkbox"/> <input type="checkbox"/> Mole changes</p> <p><input type="checkbox"/> <input type="checkbox"/> Rash</p> <p><input type="checkbox"/> <input type="checkbox"/> Skin lesion</p>	<p>No Yes</p> <p>MUSCULOSKELETAL</p> <p><input type="checkbox"/> <input type="checkbox"/> Back pain</p> <p><input type="checkbox"/> <input type="checkbox"/> Joint pain</p> <p><input type="checkbox"/> <input type="checkbox"/> Joint swelling</p> <p><input type="checkbox"/> <input type="checkbox"/> Muscle weakness</p> <p><input type="checkbox"/> <input type="checkbox"/> Neck pain</p> <p>HEMATOLOGIC & LYMPHATIC</p> <p><input type="checkbox"/> <input type="checkbox"/> Easy bleeding</p> <p><input type="checkbox"/> <input type="checkbox"/> Easy bruising</p> <p><input type="checkbox"/> <input type="checkbox"/> Swollen lymph glands</p> <p>IMMUNOLOGIC</p> <p><input type="checkbox"/> <input type="checkbox"/> Environmental allergies</p> <p><input type="checkbox"/> <input type="checkbox"/> Food allergies</p> <p><input type="checkbox"/> <input type="checkbox"/> Seasonal allergies</p>
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Stillwater Medical Center

CLINICS

Patient Name: _____

Date of Birth: _____

Please complete the following:

MEDICAL HISTORY

<u>Condition</u>	<u>Date of Onset</u>	<u>Condition</u>	<u>Date of Onset</u>	<u>Condition</u>	<u>Date of Onset</u>
<input type="checkbox"/> Allergies	<input style="width: 100%;" type="text"/>	<input type="checkbox"/> Crohn's disease	<input style="width: 100%;" type="text"/>	<input type="checkbox"/> Heart attack	<input style="width: 100%;" type="text"/>
<input type="checkbox"/> Anemia	<input style="width: 100%;" type="text"/>	<input type="checkbox"/> Deep venous thrombosis	<input style="width: 100%;" type="text"/>	<input type="checkbox"/> Osteoporosis	<input style="width: 100%;" type="text"/>
<input type="checkbox"/> Anesthesia reaction	<input style="width: 100%;" type="text"/>	<input type="checkbox"/> Dementia	<input style="width: 100%;" type="text"/>	<input type="checkbox"/> Peptic ulcer disease	<input style="width: 100%;" type="text"/>
<input type="checkbox"/> Chest pain	<input style="width: 100%;" type="text"/>	<input type="checkbox"/> Depression	<input style="width: 100%;" type="text"/>	<input type="checkbox"/> Pulmonary fibrosis	<input style="width: 100%;" type="text"/>
<input type="checkbox"/> Anxiety	<input style="width: 100%;" type="text"/>	<input type="checkbox"/> Diabetes	<input style="width: 100%;" type="text"/>	<input type="checkbox"/> Kidney disease	<input style="width: 100%;" type="text"/>
<input type="checkbox"/> Arthritis	<input style="width: 100%;" type="text"/>	<input type="checkbox"/> High cholesterol	<input style="width: 100%;" type="text"/>	<input type="checkbox"/> Seizure disorder	<input style="width: 100%;" type="text"/>
<input type="checkbox"/> Asthma	<input style="width: 100%;" type="text"/>	<input type="checkbox"/> Endocarditis	<input style="width: 100%;" type="text"/>	<input type="checkbox"/> Sleep apnea	<input style="width: 100%;" type="text"/>
<input type="checkbox"/> Bleeding disorder	<input style="width: 100%;" type="text"/>	<input type="checkbox"/> Gallbladder disease	<input style="width: 100%;" type="text"/>	<input type="checkbox"/> Stroke	<input style="width: 100%;" type="text"/>
<input type="checkbox"/> Blood clots	<input style="width: 100%;" type="text"/>	<input type="checkbox"/> Acid reflux disease	<input style="width: 100%;" type="text"/>	<input type="checkbox"/> Thyroid disease	<input style="width: 100%;" type="text"/>
<input type="checkbox"/> Cancer type: _____	<input style="width: 100%;" type="text"/>	<input type="checkbox"/> Headache - migraine	<input style="width: 100%;" type="text"/>	<input type="checkbox"/> Vancomycin-resistant bacteria	<input style="width: 100%;" type="text"/>
<input type="checkbox"/> Cardiac arrest	<input style="width: 100%;" type="text"/>	<input type="checkbox"/> Hepatitis/liver disease	<input style="width: 100%;" type="text"/>		
<input type="checkbox"/> Cardiac arrhythmia	<input style="width: 100%;" type="text"/>	<input type="checkbox"/> High blood pressure	<input style="width: 100%;" type="text"/>		
<input type="checkbox"/> Heart valve disease	<input style="width: 100%;" type="text"/>	<input type="checkbox"/> Inflammatory bowel	<input style="width: 100%;" type="text"/>		
<input type="checkbox"/> COPD	<input style="width: 100%;" type="text"/>	<input type="checkbox"/> Fever after anesthesia	<input style="width: 100%;" type="text"/>		
<input type="checkbox"/> Coronary artery disease	<input style="width: 100%;" type="text"/>	<input type="checkbox"/> MRSA	<input style="width: 100%;" type="text"/>		
<input type="checkbox"/> Other:	<input style="width: 100%;" type="text"/>				

SURGICAL HISTORY

<u>Procedure</u>	<u>Date</u>	<u>Procedure</u>	<u>Date</u>	<u>Procedure</u>	<u>Date</u>
<input type="checkbox"/> Angioplasty	<input style="width: 100%;" type="text"/>	<input type="checkbox"/> Cesarean section (female)	<input style="width: 100%;" type="text"/>	<input type="checkbox"/> Liver biopsy	<input style="width: 100%;" type="text"/>
<input type="checkbox"/> Appendectomy	<input style="width: 100%;" type="text"/>	<input type="checkbox"/> Gallbladder surgery	<input style="width: 100%;" type="text"/>	<input type="checkbox"/> Mastectomy (female)	<input style="width: 100%;" type="text"/>
<input type="checkbox"/> Joint scope	<input style="width: 100%;" type="text"/>	<input type="checkbox"/> Colectomy	<input style="width: 100%;" type="text"/>	<input type="checkbox"/> Kidney surgery	<input style="width: 100%;" type="text"/>
<input type="checkbox"/> Back surgery	<input style="width: 100%;" type="text"/>	<input type="checkbox"/> Gastric bypass	<input style="width: 100%;" type="text"/>	<input type="checkbox"/> Organ transplant	<input style="width: 100%;" type="text"/>
<input type="checkbox"/> Blood transfusion	<input style="width: 100%;" type="text"/>	<input type="checkbox"/> Gender reassignment	<input style="width: 100%;" type="text"/>	<input type="checkbox"/> Bone fracture repair	<input style="width: 100%;" type="text"/>
<input type="checkbox"/> Breast augmentation (female)	<input style="width: 100%;" type="text"/>	<input type="checkbox"/> Hemorrhoidectomy	<input style="width: 100%;" type="text"/>	<input type="checkbox"/> Prostate surgery (male)	<input style="width: 100%;" type="text"/>
<input type="checkbox"/> Breast biopsy (female)	<input style="width: 100%;" type="text"/>	<input type="checkbox"/> Hernia repair	<input style="width: 100%;" type="text"/>	<input type="checkbox"/> Radiation therapy	<input style="width: 100%;" type="text"/>
<input type="checkbox"/> Cardiac artery graft	<input style="width: 100%;" type="text"/>	<input type="checkbox"/> Hip replacement	<input style="width: 100%;" type="text"/>	<input type="checkbox"/> Thyroidectomy	<input style="width: 100%;" type="text"/>
<input type="checkbox"/> Cardiac pacemaker	<input style="width: 100%;" type="text"/>	<input type="checkbox"/> Hysterectomy (female)	<input style="width: 100%;" type="text"/>	<input type="checkbox"/> Tonsillectomy	<input style="width: 100%;" type="text"/>
<input type="checkbox"/> Carpal tunnel release	<input style="width: 100%;" type="text"/>	<input type="checkbox"/> Knee replacement	<input style="width: 100%;" type="text"/>	<input type="checkbox"/> Valve replacement	<input style="width: 100%;" type="text"/>
<input type="checkbox"/> Other:	<input style="width: 100%;" type="text"/>				

Patient Name: _____

Date of Birth: _____

FAMILY HISTORY

Condition	Relationship
<input type="checkbox"/> ADD/ADHD	
<input type="checkbox"/> Alcoholism	
<input type="checkbox"/> Allergies	
<input type="checkbox"/> Alzheimer's disease	
<input type="checkbox"/> Arthritis	
<input type="checkbox"/> Asthma	
<input type="checkbox"/> Blood disorder	
<input type="checkbox"/> Cancer type: _____	
<input type="checkbox"/> Cardiovascular disease	
<input type="checkbox"/> Gallbladder disease	
<input type="checkbox"/> Coronary artery disease	
<input type="checkbox"/> CAD, premature	
<input type="checkbox"/> Depression	
<input type="checkbox"/> Diabetes	
<input type="checkbox"/> Eczema	
<input type="checkbox"/> Other:	

Condition	Relationship
<input type="checkbox"/> High cholesterol	
<input type="checkbox"/> Hearing impairment	
<input type="checkbox"/> High blood pressure	
<input type="checkbox"/> Irritable bowel disease	
<input type="checkbox"/> Mental illness	
<input type="checkbox"/> Migraines	
<input type="checkbox"/> Obesity	
<input type="checkbox"/> Osteoporosis	
<input type="checkbox"/> Vascular disease	
<input type="checkbox"/> Kidney disease	
<input type="checkbox"/> Seizure disorder	
<input type="checkbox"/> Stroke	
<input type="checkbox"/> Thyroid disorder	
<input type="checkbox"/>	

SOCIAL HISTORY

Tobacco

Have you ever used tobacco? No Yes

Type: _____

Usage: _____

Years: _____

Have you ever tried to quit? No Yes

If so, when? _____

Year quit: _____

Alcohol/Caffeine

Do you drink alcohol? No Yes

Do you drink/consume caffeine? No Yes

How Often: _____

Amount: _____

How Often: _____

Amount: _____

Lifestyle

Activity Level Moderate

Sedentary

Vigorous