

**The Rehab Program At
Stillwater Medical Center
Disclosure Statement
*January 1 2016 – December 31-2016***

Patient Name _____

Mission Statement

The mission of *Stillwater Medical Center/ Rehab Center* is: to provide an intensive, interdisciplinary rehabilitation program of the highest quality that will result in the improved functional independence of those we serve.

Our Commitment to You

It is the policy of *Stillwater Medical Center/ Rehab Center* that all team members will act in a manner consistent with the mission, philosophy and operating policies of the program. In accordance with these principles and policies, team members will:

- Show respect for the dignity of the individual, whether patient, family member, co-worker, client, or any other person.
- Provide the highest quality clinical and customer-related services.
- Demonstrate fairness and honesty in all interactions with the public.
- Adhere to their professional codes and practice guidelines
- Provide an accurate portrayal of the services and outcomes of the program.
- Be ethical in all marketing and public relations activities.

Patient Satisfaction Results: We are committed to patient and family satisfaction. All families/patients are given an opportunity to complete a satisfaction survey upon leaving our program. The survey questions are rated on a scale of *(5= Excellent 3= Average 1=Poor)*. The rating for the question “Would you recommend the rehab program to others?” was *(100%)*.

Patients Served: The rehabilitation program serves patients with a variety of medical, physical, and functional needs. Some of the conditions treated in the program are as follows:

- Stroke (CVA)
- Brain Injury
- Neuropathy and Myopathy
- Spinal Cord Injury
- Amputation
- Rheumatoid Arthritis
- Degenerative or Progressive Neurological Disorders
- Cardiac

- Multiple Trauma
- Hip Fractures
- Joint Replacements
- Pain Syndromes
- Pulmonary

Services provided as needed

- Rehabilitation Medicine
- Medical Consults (if necessary)
- Rehabilitation Nursing
- Physical Therapy
- Occupational Therapy
- Chaplaincy
- Speech and Language Pathology
- Social Work/Case Management
- Orthotic and Prosthetic Consultations
- Wound Care
- Respiratory Services
- Dietary Services

Medical, diagnostic, laboratory, and pharmacy services are located (*within Stillwater Medical Center*). The response time is specific to each of these services. It is the expectation of this unit, however, that the vast majority of orders or consultations will receive some level of response within 24 hours of a department/medical consultative body receiving the order or consultation. That initial response will then be conveyed to the appropriate clinician(s) as soon as possible.

Scope of Services: Persons served are medically stable adults who are able to tolerate and benefit from a minimum of 3 hours a day of therapeutic services, 5 days a week, or 15 hours across 7 days. Speech Therapy, Social Services, 24 Hour rehab nursing and other services are provided in addition to the 3 hours of Physical and Occupational Therapy, according to the patient's plan.

Your estimated combination of daily therapy may include:

PT 1-1.5 hours; OT 1-1.5 hours; SLP .5-1.0 hours.

This program does not currently serve persons who are ventilator-dependent, comatose, have burn management needs. Persons served must be 18 or older for admission. Stillwater Medical Center Rehab Center will serve as a resource for suggestions for alternative placement when patients referred to the program do not qualify for it.

Insurance and Payment Sources: Medicare and your secondary insurance (if you have one) will cover most services provided during your rehab stay, as long as you meet criteria at admission and during your stay. The Medical Director will evaluate whether you meet these criteria, but this is always subject to Medicare review. If there are limitations in your coverage, your case coordinator will discuss these with you, as well as alternative resources to help meet your needs.

Out-of-pocket expenses that you may incur depend upon your specific insurance coverage, co-payments, benefits, and eligibility. Some patients may need to purchase durable medical equipment (wheelchairs, walkers, commodes, etc.), as this equipment may not be covered by a particular insurance plan.

A financial counselor is available to assist you and your family in understanding your benefits, co-payments, and responsibilities before or after admission.

If you are paying cash and need assistance or information, please contact the Patient Services Representative Deborah Patrick in the Business Office at *ext 5711*).

If your payer is Medicare or a commercial insurance:

Medicare: Up to 90 days per benefit period are covered and you have _____ days remaining. The first 60 days are covered at 100% after your deductible is met. The next 30 days Medicare pays all covered costs beyond _____/ day. If you have a secondary insurance it may cover some of these expenses. Estimation of remaining days is not a guarantee of payment.

Commercial Insurance: _____ was contacted regarding your benefit for acute rehabilitation and verified the following coverage. Pre-authorization was obtained from _____ at _____ insurance company and authorized _____ days of rehab coverage. Pre-authorization is not a guarantee of payment.

If you would like to visit our unit, please call **405-742-5798**). We would appreciate the opportunity to give you a tour.

Many factors will influence your length of stay, including severity of injury, previous health status, and medical complications. The rehabilitation team will discuss your length of stay with you after they have evaluated your condition. The team will work with you and your family to help determine the best discharge environment for you based on your needs at the time of discharge. If you are unable to return home, the team will assist you and your family in making other arrangements.

Your ESTIMATED length of stay in the rehabilitation program is: _____.

Current Accreditations

- DNV Hospital Accreditation Det Norske Veritas (DNV)

**If you have any questions or concerns regarding the program,
please call**

***Cadance Lynch, Program Director, at
(405-742-5782)***

Attached is our OUTCOMES SUMMARY!

**THE REHAB PROGRAM
AT
Stillwater Medical Center
OUTCOMES SUMMARY
Data from January 1, 2016 thru December 31, 2016
Diagnoses and Discharge Destinations of Patients Served**

Diagnosis	Number of Patients	Average Length of Stay (days)	Return Rate to Home Assisted Living	Return Rate to Skilled Nursing	Return Rate to Acute Care	Return Rate to Other Locations*
Lower extremity fracture	83	12.29	84.33%	12.05%	2.41%	1.20%
Lower extremity joint replacements	6	9.33	100%	0%	0%	0%
Stroke	52	16.57	75.47%	20.75%	0%	3.77%
Brain dysfunction	17	10.75	86.67%	0%	6.67%	6.67%
Amputation Lower extremity	13	12.57	85.71%	7.14%	7.14%	0%
Spinal Cord dysfunction	15	12.93	86.66%	6.67%	6.67%	0%
Other Orthopedic	10	9.78	100%	0%	0%	0%
Neurologic	22	13.71	71.43%	19.05%	4.76%	4.76%
Multiple Trauma	3	11.33	100%	0%	0%	0%
Other **	31	11.24	75.67%	8.11%	10.81%	5.4%
ALL PATIENTS	252	12.11	81.64%	11.72%	3.91%	2.73%

*Other discharge locations may involve environments such as board and care facilities or LTAC.

**Other - may include: pulmonary, cardiac, pain, RA, Gillian Barre or conditions leading to a debilitated state.

We are proud of the number of patients who achieved their predicted outcomes in the timeframe noted above.

To measure gains in independence for our patients, the program uses an instrument called the Functional Independence Measure (FIM). Patients are scored in their level of independence in 18 areas, such as dressing, grooming, and locomotion. Scoring occurs at admission and throughout the course of stay. The program anticipates that the FIM gain for our patients by discharge will be in the range of 21-25 points, with the expected overall target being 35. Of the (252), the overall FIM gain attained was 30.3.