2019 Oncology Annual Report

Stillwater Medical

Stillwater Medical Center

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Stillwater, OK

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Vision Statement

Stillwater Medical Center is a regional healthcare center for Payne County and adjacent counties providing a fully coordinated range of services consistent with community needs, being distinguished by its quality, service and patient satisfaction.

Mission Statement

Our mission is to provide compassionate and quality healthcare services. In our commitment to excellence, we will be responsive to the needs of people in the region we serve and will do so in a financially sound matter.

Value Statement

To achieve the mission of Stillwater Medical Center, we uphold these essential values:

- Strive for performance improvement.
- Respect the dignity of every individual.
- Promote an environment that is receptive to new and creative ways to achieve excellence in the services we provide.

Compassion, mutual trust and cooperation is the foundation on which these values are built.

Report from the Committee Chair

Akin Ogundipe, MD

MEDICAL ONCOLOGY, HEMATOLOGY AND INTERNAL MEDICINE

Once again, I am honored to be leading the cancer committee at Stillwater Medical Center.

During 2019 we achieved full accreditation of our cancer program by the American College of Surgeons Commission on Cancer. This is an important step in becoming a widely recognized regional Comprehensive Cancer Program and was the culmination of several years of hard work by the cancer committee and several subcommittees. There are currently only 9 other accredited cancer programs in the entire state of Oklahoma, and only 2 other accredited community cancer programs.

During 2019 there has been additional consolidation of cancer treatment services, with installation of a PET scan & a new linear accelerator in the same building that includes medical oncology, radiation oncology, and infusion therapy. This has further advanced the goal of having as many services in one location that would be familiar and easier for our patients to navigate. Another long lasting benefit is the ability of caregivers to function as a truly multidisciplinary team.

This past year has also seen the addition of several medical specialists who will enhance cancer care here in Stillwater, including our thoracic surgeon who has already begun performing cancer operations such as esophagectomies which were not previously possible in this institution, due to his extensive prior experience in oncology. We have also added two additional urologists.

In 2019 we have seen further growth as we have had more referrals from the outlying communities.

In 2020, we plan to maintain and in fact build upon the high standards for cancer care that are required of an accredited cancer program.

On behalf of the cancer committee, I assure the public that it is both an honor and a privilege to be able to provide cutting edge cancer care to our community without the need for travel to faraway tertiary care centers.



Cancer Committee Members

Dr. Akin Ogundipe/Dr. Kevin Sue Weibel

Dr. Charles Horner/ Dr. Amy Kirby

Dr. Ashley Gable/ Dr. Tamara Chaney

Dr. Jerrod Vaughn/Dr. Cara Pence

Dr. Nathan Uy/Dr. Connie Nguyen

Dr. Cara Pence/Dr. Jerrod Vaughn

Vicki Branstetter/Liz Michael

Catherine Brown/Mindy Mayo

Tonya Ingram/Danny Gracey

Liz Hyde/Sandie Edwards

Stephanie Davis/Tracey Payne

Tracy Brown/Cheryl Wilkinson

Shyla Eggers/Joy Haken

Michelle Axtell/Angela Gamble

Cadance Lynch/Amy Hanks

Allen Hale/Karen Lemley

Michael Turner

Christy Barnes

Carla Montgomery

Dr. Diane English

Dr. Darby Pope



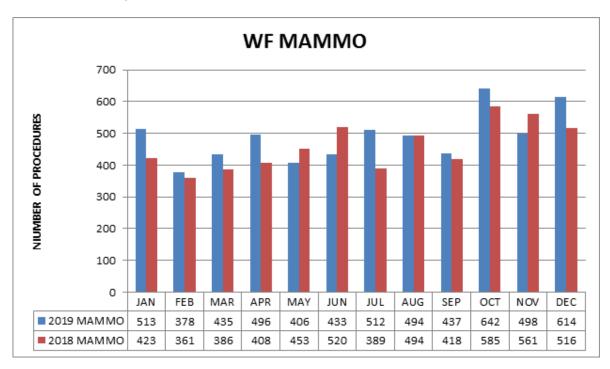
Prevention and Screening Programs

Breast Self-Exam Screening (8/29/19) – This was the first screening event of its kind for Stillwater Medical. The event had 8 participants with no follow-up required.

<u>Oral, Head & Neck Screening Event (12/10/19)</u> – 2019 skin cancer screening yielded 36 participants. 3 patients were recommended to follow up with their primary care provider, 1 patient was referred to follow up with a Gastroenterologist & 10 appointments were made at the time of the screening for further head & neck evaluations.

<u>Healthier Choices, Healthier You</u>-Chronic Self Disease Management Education. The class is designed for individuals and caregivers who are managing on-going health conditions such as but not limited to arthritis, diabetes, anxiety, hypertension, COPD, physical limitations, vision or hearing loss. Each session of the 6 week series empowers class participants with tools to manage symptoms like pain, fatigue, sleeplessness, stress and much more! This course was co-facilitated by Brandi Bishop the last 3 years with the Oklahoma Healthy Aging Initiative. It is open to the public with spring and fall sessions.

<u>**3D Mammography**</u> – Screening mammography numbers continue to increase since the installation of the 3D unit.



<u>Population Health Management</u> – RN Health Coaches meet regularly with at-risk members to provide health coaching, collaborate with their primary care providers in addressing their health concerns, monitor & educate on care plans, assist with care coordination, ensure compliance and completion of recommended preventive care to improve members' health & wellness. There are currently 148 members in Population Health Management.

Community Events

<u>SHS Pink Out Event</u> - The Stillwater High School Volleyball program and Stillwater Medical Center (SMC) partnered to host the fourth annual Pink Out Week to promote public awareness of National Breast Cancer Awareness Month. The SHS volleyball teams wore special pink jerseys donated by SMC, and there was a variety of prizes and giveaways for those who attended. Stillwater Medical Center also hosted educational booths at the game highlighting breast cancer awareness, women's health issues and more.

Relay for Life – Stillwater Medical's team raised \$1897 in 2019.

<u>Bereavement Program</u> - One of our goals at the Cancer Center at SMC is to offer comprehensive cancer care. This means that we must approach our caregiving roles from not only a biological standpoint, but from a psychological and sociological standpoint as well (Du Pre, 2010). Many of our patients and their caregivers develop relationships with us throughout their treatment and, in many cases; we become one of their primary support systems.

In 2019, the program provided services to 98 of the 222 families who lost loved ones.

<u>Tobacco Cessation</u> – Brandi Bishop, RN completed Tobacco Treatment Specialist Training at Mayo Clinic in Rochester-Received Provisional Certification in 2017 and full certification status in 2019. Brandi also attended Dimensions Group Tobacco Training at CU Denver in June 2019.

Tobacco Cessation group formed from members of the Healthier SMC Team. Below is a list of activities completed or planned for 2010:

For SMC-

- Offered 6 week Group Tobacco class (First Dimensions Tobacco Free Program) for employees and family members of SMC; out of 4 participants, 3 quit their tobacco use.
- Promote "World No Tobacco Day" on May 31 through the blog and well as individual emails sent to all Stillwater Collaborative Care members that were identified as tobacco users.
- Promote free tobacco cessation counseling by Brandi Bishop, RN through the blog and emails
- Promote the cessation products available through the SMC Health Plan at no cost to employees.
- We have tobacco free signage up at the Cimarron, Total Health, 12 th street Plaza, and the Cancer Center.
- Promote The Great American Smokeout with a display table set up in the cafeteria during GASO week. The table with have quit kits available as well as stress squeezie footballs that have the theme "Kick Tobacco". There will also be information on the Oklahoma Tobacco Helpline.
- SMC Pharmacy to use prescription bags with promotion of the Tobacco Helpline for the month of November.
- Tobacco cessation brochures and posters will be available for use in the clinics.

For Community-

- Payne County E-Cigarette/Vaping Forum April 2019- Had 3 speakers from Stephenson Cancer Center and the Oklahoma Department of Health present on the dangers of ecigarette use and vaping.
- Handed out bubbles at the Stillwater High School as well as having information on vaping dangers during lunch hour.
- Provided free Tobacco Cessation Counseling for Stillwater Collaborative Care Plan members.
- Tobacco Cessation information available at on-site wellness screenings provided to SCC employer groups.

Cancer Registry

Established by Congress through the Cancer Registries Amendment Act in 1992, and administered by Centers for Disease Control and Prevention (CDC), the National Program of Cancer Registries (NPCR) collects data on cancer occurrence (including the type, extent, and location of the cancer), the type of initial treatment, and outcomes.

Cancer registries provide the data-driven foundation for cancer control efforts in the United States. Data collected by local cancer registries enable public health professionals to understand and address the cancer burden more effectively. CDC provides support for states and territories to maintain registries that provide high-quality data.

The information that cancer registries collect helps them with identification of groups of people who are more likely to get a certain kind of cancer. Other groups can use this information to try to figure out why. They may find that some people aren't getting the cancer screening tests they need, or they're doing things that make them more likely to get cancer, or that something in their home or workplace is causing cancer.

Cancer Census Report

	Average annual rate per 100,000, age adjusted to
Cancer Type	the 2000 US standard population.
All cancer types combined / Both sexes combined	452.9
All cancer types combined / Female	422.2
All cancer types combined / Male	497.8
Brain & other nervous system / Both sexes combined	6.6
Brain & other nervous system / Female	5.6
Brain & other nervous system / Male	7.7
Breast / Both sexes combined	121.1 - Female breast cancer only.
Breast / Female	121.1
Cervix / Both sexes combined	9.1
Cervix / Female	9.1
Cervix / Male	n/a
Colorectum / Both sexes combined	42.4
Colorectum / Female	36.9
Colorectum / Male	48.8
Esophagus / Both sexes combined	4.5
Esophagus / Female	1.7
Esophagus / Male	7.8
Hodgkin lymphoma / Both sexes combined	2.5
Hodgkin lymphoma / Female	2.3
Hodgkin lymphoma / Male	2.7
Kidney & renal pelvis / Both sexes combined	19.5
Kidney & renal pelvis / Female	14.3
Kidney & renal pelvis / Male	25.5
Larynx / Both sexes combined	3.7
Larynx / Female	1.8
Larynx / Male	5.8
Leukemia / Both sexes combined	14.4
Leukemia / Female	11.5
Leukemia / Male	18
Liver & intrahepatic bile duct / Both sexes combined	8
Liver &intrahepatic bile duct / Female	4.3
Liver &intrahepatic bile duct / Male	12.2
Lung &bronchus / Both sexes combined	69.2
Lung &bronchus / Female	58
Lung &bronchus / Male	83.4
Melanoma of the skin / Both sexes combined	21.4
Melanoma of the skin / Female	16
Melanoma of the skin / Male	28.8
Myeloma / Both sexes combined	6.5
Myeloma / Female	5.1
Myeloma / Male	8.3
Non-Hodgkin lymphoma / Both sexes combined	18.1
Non-Hodgkin lymphoma / Female	15.4
Non-Hodgkin lymphoma / Male	21.5
Oral cavity &pharynx / Both sexes combined	12.9
Oral cavity &pharynx / Female	6.9
T. S. SETTLY CAPITALY IN CONTROL	0.5

Studies of Quality

